## Menus

**School:** Virginia Junior High School Academic Year: 2024-25

Meal: All Month: January 2025

January				
М	Tu	w	Th	F
30	31	1	2	3
30		1	2	3
6	7	8	9	10
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Cereal	Cinnamon Toast Crunch French	Strawberry Bagel	Breakfast Pizza	Cinnamon Muffin
Mandarin Oranges 100% Apple Juice	Toast Syrup	Mixed Fruit 100% Apple Juice	Pineapple 100% Apple Juice	String Cheese Applesauce
Milk	Peaches	Milk	Milk	100% Apple Juice
	100% Apple Juice			Milk
	Milk	Lunch:	Lunch:	
Lunch:		Tenderloin/Bun	Chicken Drumstick	Lunch:
Corn Dogs	Lunch:	Fries	Mashed Potatoes & Gravy	Italian Sub
Chips	Bosco Stick	Green Beans or Mixed	Peas	Chips
Baked Beans or Carrots Mandarin Oranges or	Marinara Sauce Corn or Peas	Vegetables   Mixed Fruit or Pineapple	Banana or Pineapple Milk	Carrots/ Ranch Applesauce or Mixed Fruit
Mandarin Oranges or Applesauce	Peaches or Pears	Milk	PIIK	Milk
Milk	Milk	1 11115	A la Carte- Hot Turkey &	
		A la Carte- Chicken Nuggets	Cheese Sandwich	A la Carte- Cheese Pizza
A la Carte- Cheeseburger	A la Carte- Tenderloin			
13	14	15	16	17
-		_		
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Caramel Cinnamon Rolls	Cereal Bar	Waffle/Syrup	Sausage & Cheese Biscuit	Cereal
Mandarin Oranges	Yogurt	Mixed Fruit	Pineapple	Applesauce
100% Apple Juice	Pears	100% Apple Juice	100% Apple Juice Milk	100% Apple Juice Milk
Milk	100% Apple Juice Milk	Milk	MIIK	MIIK
Lunch:	Pilik	Lunch:	Lunch:	Lunch:
Orange Chicken	Lunch:	Hot Dog/Bun	Walking Taco(Meat & Cheese)	Out @11:20
Vegetable Rice	Chili	Chips	Corn or Refried Beans	No Lunch
Peas	Grilled Cheese	Baked Beans	Fritos	
Fortune Cookie	Crackers	Mixed Fruit or Applesauce	Pineapple or Mandarin	
Mandarin Oranges or Pears	Pears or Pineapple	Milk	Oranges	
Milk	Milk	A la Carte- Hot Ham & Cheese	Milk	
A la Carte- Italian Panini	A la Carte- Hamburger	A la Carte- Hot Haili & Cheese	A la Carte- Chicken Strips	
	-	22	· · · · · · · · · · · · · · · · · · ·	24
20	21	22	23	24
	Breakfast:	Breakfast:	Breakfast:	Breakfast:
	Bagel	Blueberry Bread	Sausage Gravy on Biscuit	Mini Donuts
	Peaches	String Cheese	Pineapple	Yogurt
	100% Apple Juice	Mixed Fruit	100% Apple Juice	Applesauce
	Milk	100% Apple Juice	Milk	100% Apple Juice
	1	Milk	1	Milk
	Lunch:	Lunch	Lunch:	Lunch
	Redbird Bowl(Popcorn Chicken, Mashed Potatoes,	Lunch: Meatball Subs	Cheesy Potatoes with Ham Roll	Lunch:   Vegetable Soup
	Gravy & Corn	Chips	Green Beans or Mixed	Biscuit
	Biscuit	Carrots or Peas	Vegetables	Yogurt
	Pudding	Mixed Fruit or Pears	Pineapple or Peaches	Grapes or Applesauce
	Peaches or Mandarin Oranges	Milk	Milk	Milk
	Milk			
	A la Carta Danis sur Calar	A la Carte- Chicken Sandwich	A la Carte- Chicken Drumstick	A la Carte- Grilled Cheese
	A la Carte- Pepperoni Calzone			
27	28	29	30	31
Duos lefo ate	Due a lufa et	Dun alufa at-	Dunal fact:	Busslefest
Breakfast: Pancake/Syrup	Breakfast: Apple Strudel	Breakfast: Cereal	Breakfast: Scrambled Eggs/Toast	Breakfast: Breakfast Pizza Bagel
Mandarin Oranges	Peaches	Mixed Fruit	String Cheese	Applesauce
100% Apple Juice	100% Apple Juice	100% Apple Juice	Pineapple	100% Apple Juice
Milk	Milk	Milk	100% Apple Juice	Milk
			Milk	
Lunch:	Lunch:	Lunch:	1	Lunch:
Goulash	Sausage & Gravy on Biscuit	Bake Potato	Lunch:	Pepperoni or BBQ Chicken
Garlic Bread	Hash Brown	Roll	Chicken Wrap	Pizza
Peas or Green Beans	Yogurt	Apple Slices or Mixed Fruit Milk	Chips Corn	Salad or Corn
Mandarin Oranges or Mixed Fruit	Pears or Applesauce Milk	MILK	Pineapple or Pears	Treat Applesauce or Mandarin
Milk	LIIK	A la Carte- Bosco Stick	Milk	Oranges
	A la Carte- Bacon	2000 5000		Milk
A la Carte- Hot Dog	Cheeseburger		A la Carte- Pizza Panini	
	-	T. Control of the Con		A la Carte- Corn Dog