

Menus

School: Virginia Elementary School

Academic Year: 2017-18

Meal: All

Month: October 2017

October				
M	Tu	W	Th	F
2 Breakfast: CEREAL WHOLE GRAIN BREAKFAST BAR PEACHES JUICE Lunch: PORK ROAST MASHED POTATO GRAVY WHOLE GRAIN ROLL GREEN BEANS HOT APPLES	3 Breakfast: PANCAKES WHOLE GRAIN SYRUP SAUSAGE PEARS JUICE Lunch: BBQ SHREDDED PORK WHOLE GRAIN BUN CHIPS CARROT STICKS PINEAPPLE	4 Breakfast: SCRAMBLE EGGS ENGLISH MUFFINS PINEAPPLE JUICE Lunch: CHILI WHOLE GRAIN GRILLED CHEESE CELERY STICKS PEACHES	5 Breakfast: CEREAL WHOLE GRAIN BREAKFAST BAR PEACHES JUICE Lunch: HAMBURGER WHOLE GRAIN BUN BAKED FRIES PEAS PEARS	6 Breakfast: BAGEL WHOLE GRAIN ANIMAL CRACKERS ORANGES JUICE Lunch: 11:20 DISMISSAL NO LUNCH
9	10 Breakfast: CEREAL WHOLE GRAIN BREAKFAST BARS PEACHES JUICE Lunch: HAMBURGER WHOLE GRAIN BUN BAKED FRIES PEAS PEARS	11 Breakfast: WAFFLES WHOLE GRAIN SAUSAGE PINEAPPLE JUICE Lunch: VEGETABLE BEEF SOUP TURKEY SANDWICHES RICE KRISPY TREAT APPLE	12 Breakfast: WHOLE GRAIN MUFFINS TEDDY GRAHAMS PEARS JUICE Lunch: SPAGHETTI WHOLE GRAIN GARLIC BREAD GREEN BEANS PINEAPPLE	13 Breakfast: WHOLE GRAIN CEREAL BREAKFAST BARS PEACHES JUICE Lunch: BOSCO STICKS WHOLE GRAIN CHIPS PEAS PEACHES COOKIE
16 Breakfast: WHOLE GRAIN CEREAL BREAKFAST BAR PEACHES JUICE Lunch: HOT DOGS WHOLE GRAIN BUN BAKED BEANS PRETZELS PINEAPPLE	17 Breakfast: PANCAKES WHOLE GRAIN SYRUP SAUSAGE PEARS JUICE Lunch: CHICKEN NUGGETS WHOLE GRAIN ROLL MASHED POTATO GREEN BEANS APPLE	18 Breakfast: SCRAMBLED EGGS ENGLISH MUFFIN PINEAPPLE JUICE Lunch: CHICKEN NOODLES WHOLE GRAIN ROLL MASHED POTATO GRAVY GREEN BEANS HOT APPLES	19 Breakfast: WAFFLES SAUSAGE PEARS TEDDY GRAHAMS JUICE Lunch: ASSORTED SANDWICHES TURKEY PBJ TUNA CHIPS CARROT STICKS PINEAPPLE	20 Breakfast: WHOLE GRAIN CEREAL BREAKFAST BAR PEACHES JUICE Lunch: PIZZA WHOLE GRAIN CRUST SALAD FRESH APPLE WHOLE GRAIN ANIMAL CRACKERS
23 Breakfast: WHOLE GRAIN CEREAL BREAKFAST BAR MIXED FRUIT JUICE Lunch: CHICKEN CHEESE QUESADILLA WHOLE GRAIN SHELL BROWN RICE PEARS CARROTS	24 Breakfast: WHOLE GRAIN BAGELS ANIMAL CRACKERS ORANGES JUICE Lunch: BISCUIT WHOLE GRAIN SAUSAGE GRAVY CINNAMON ROLL CARROT STICKS FRESH ORANGE	25 Breakfast: WHOLE GRAIN PANCAKES SAUSAGE SYRUP PEACHES JUICE Lunch: TACO SALAD CORN CHIPS CARROT STICKS RICE KRISPY TREAT FRESH APPLE	26 Breakfast: WHOLE GRAIN CEREAL BREAKFAST BARS PEARS JUICE Lunch: BOSCO STICKS WHOLE GRAIN CHIPS PEAS PEACHES COOKIE	27
30 Breakfast: WHOLE GRAIN CEREAL BREAKFAST BARS PEARS JUICE Lunch: CHICKEN FAJITAS WHOLE GRAIN SHELL PEPPERS ONIONS CORN NACHO CHEESE PEARS	31 Breakfast: WHOLE GRAIN PANCAKES SAUSAGE PEACHES JUICE Lunch: CHICKEN PATTY WHOLE GRAIN BUN BAKED FRIES CARROTS PEACHES	1 Breakfast: WHOLE GRIN WAFFLES ANIMAL CRACKERS PINEAPPLE JUICE Lunch: PORK ROAST MASHED POTATO GRAVY WHOLE GRAIN ROLL GREEN BEANS HOT APPLE	2 Breakfast: SCRAMBLED EGGS WHOLE GRAIN ENGLISH MUFFIN PINEAPPLE JUICE Lunch: HOT DOGS WHOLE GRAIN BUN BAKED BEANS PRETZELS PINEAPPLE	3 Breakfast: WHOLE GRAIN CEREAL BREAKFAST BAR PEACHES JUICE Lunch: BOSCO STICKS WHOLE GRAIN CHIPS PEAS PEACHES COOKIE